

# The Speaker



Published by:  
Seguin RCA  
Serving Individuals with Developmental Disabilities  
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May/June 2013

## A Message from the President by Ralph Salvino III

### Seguin RCA's

#### Mission Statement

The mission of Seguin RCA is to provide advocacy services to persons with developmental disabilities and their families, promote community awareness and support programs that will enhance a positive quality of life for this population.

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### Mark Your Calendars....

Monday, May 20, 2013

7:00 PM

Election of Officers

Seguin RCA Office

6223 W. Ogden Avenue

Berwyn

The following positions will be voted on:

President Ralph Salvino III

1st Vice President-Bruce Kimball

2nd Vice President-Eileen Tumpach

Secretary-Maria Winn

Director-Cynthia Pergram

Director-Tom Szukala

Director-David Petrucci

Spring has sprung and the weather is still upside down. Rain one day, windy the next, then comes snow. But don't worry, summer is sure to follow in grand style.

Seguin RCA's summer camp begins on June 15. For many of our campers this is the only time that they are away from home or their caregivers and placed into new surrounding which allow them to choose what they wish to do.

Our Summer Camp Scholarship Program is funded by two non-profit associations: Seguin RCA and American Camp Association (ACA). The funds from ACA have been substantially reduced over the past few years, but the number of scholarship requests from clients to attend camp have not.

We are asking our readers for any donation to help support our Camp Scholarship Program. A full one week scholarship to attend camp for a Seguin RCA member is \$385; for non members, \$410.

Any donation amount will help to defray the costs of sending the individuals to camp. We greatly appreciate your consideration of this request, and if you would like more information, please call the Seguin RCA office.



The Spring Fling was a great success. Our "hats off" to all the volunteers who made it happen!



# Family News



If you have not already sent in your email address to Seguin RCA, please email it to us at:

[info@seguinrca.org](mailto:info@seguinrca.org)

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## Memorials

In Memory of Pat Wilson  
From  
Edwin and Shu-Pi Chen

In Memory of  
Sophie Valaskovic  
From  
Elsie Mumm

Our condolences to the family of Irene Hadraba on the death of their mother. Irene and her late husband, Frank, were active members in Seguin RCA.

Also, our condolences to the family of Earl McClure on the death of their father. His daughter, Ruthie, is a participant in Seguin Services' program.

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Seguin RCA's camp program begins on Monday, June 17. There are still women's camp spots available during these weeks:

- 6/17-6/24
- 7/8-7/15
- 7/15-7/22
- 7/22-7/29

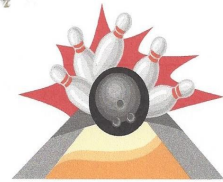
Call the Seguin RCA office for details.

## Seguin RCA Installation Dinner

Monday, June 17  
Skylite West  
7117 W. Ogden Avenue

6:00 cocktails  
6:30 dinner - \$17.00

For reservations call:  
(708) 788-5777



**Seguin RCA's Bowling League** begins Thursday, May 16, at 6:00 PM. We will be bowling again at

AMF Forest Lanes  
7700 W. 47th Street  
(47th and Joliet Road)  
Lyons, IL

Cost to bowl is:

2 games - \$7.00  
1 game—\$4.00

Call the Seguin RCA office to make your reservations.



Mark your calendars...

**Seguin RCA's Summer Sizzler**  
Sunday, June 16  
11:00-2:00 PM

**Proksa Park - Berwyn, IL**  
(Wisconsin Avenue and 30th St.)

Live entertainment, games, soda, hamburgers, chips and ice cream

RSVP by June 11 (708) 788-5777.

# Did You Know?

This issue's guest contributor is **Deborah C. Sitz, Executive Director of Solutions for Care.**



Solutions for Care (SFC), formerly Berwyn-Cicero Council on Aging, has responded to the needs of the community since 1972. We are a 501c (3) non-profit organization.

Services offered by SFC are designed to provide options for care in order to enhance independent living in the community. Our professional staff can assess the individual needs of older adults who are experiencing changes in health or functional ability.

SFC provides Care Coordination Services for the Department on Aging. Care Coordinators make home visits to assess the needs of our clients and determine eligibility for in-home services, Adult Day Services and Emergency Home Response Systems. SFC also assesses clients for home delivered meals and chore housekeeping services, which include light housekeeping, shopping and laundry.

Our staff is also at MacNeal Hospital providing information and pre-screening services for those who may enter a nursing home. Our Bridge Care Coordinators work directly with the hospital staff to begin the process of arranging for services so they can begin as soon as you are able to return home.

Solutions for Care is the authorized agency to receive reports on elder abuse, neglect and financial exploitation. Calls of concern are taken, visits made and actions taken according to the required protocols. All calls are confidential and anonymous calls are accepted.

Our Family Caregiver Specialist assists those who are helping care for a family member. Caregiver services include respite care to relieve the caregiver and a six-week course called "Powerful Tools for Caregivers."

SPC is also a SHIP site. The **Senior Health Insurance Program** is a free statewide health insurance counseling service for Medicare beneficiaries. Our staff is also available to assist with the applications for public benefits like Li-Heap, the energy assistance program from CEDA, as well as Medicare parts A, B and D and other Medicare related benefits. Our information specialists are available for appointments at our office.

SFC works closely with many of the other community agencies to connect families to the help they need. We are so pleased that Seguin RCA invited us to be part of this month's newsletter.

For more information or questions about Solutions for Care, please visit our website at:

[www.solutionsforcare.org](http://www.solutionsforcare.org) or contact us at (708) 447-2448

## Seguin RCA Upcoming Events

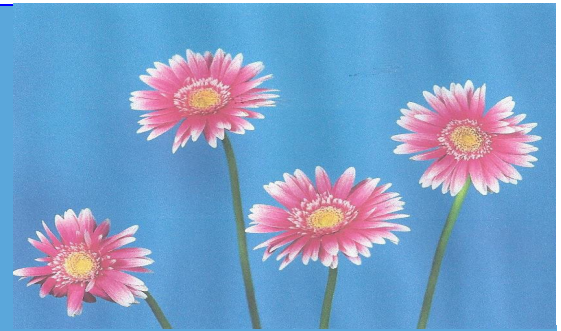
- May 13 - Seguin RCA Board Meeting
- May 16 - Seguin RCA Bowling Begins -  
AMF Forest Lanes
- May 20 - Seguin RCA Annual Meeting
- June 10 - Seguin RCA Board Meeting
- June 16 - Seguin RCA Summer Sizzler -  
Proksa Park - Berwyn
- June 17 - Seguin RCA Summer Camp Begins
- June 17 - Seguin RCA Installation Dinner -  
Skylite West

### Art Class

- May 29
- June 12
- June 26

### Bowling

- May 16
- May 23
- May 30
- June 6
- June 13
- June 20
- June 27

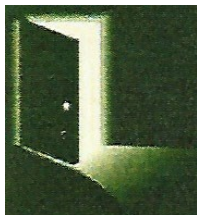


### "Share a Smile"

Bride-to-be: "Mother, this wedding must be absolutely perfect. We mustn't overlook the most insignificant detail." Mother: "Don't worry, he'll show up!"

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"Could I have a day off, sir, to help my wife with the spring cleaning?" "No, I am afraid not." "Thank you, sir. I knew I could count on you."



## Seguin RCA

Serving Individuals with Developmental Disabilities  
6223 West Ogden Avenue  
Berwyn, IL 60402  
708-788-5777

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